



WE LOVE...

Flattering light

In Macroom, Co Cork, the *Visions of Half-Light* group exhibition is taking up residency in the Town Hall Gallery this month. Inspired by the moments at dawn and dusk that shift our natural landscape, artists Debbie Godsell, who is also the exhibition's curator, Fiona Kelly and Sarah O'Flaherty have created an exhibition that explores themes of folklore, land rights and our connection to the built environment and the natural world, using screen-printing, sculptured pieces and print. Supported by Cork County Council Arts Office, *Visions of Half-Light* runs until July 28th. For more information, visit debbiegodsellartist.com

Louise Bruton



White Noise

Allow yourself time to browse the new White Company flagship store which has just opened on 72 Grafton Street. Two storeys of luxe homeware, kids' clothing and womenswear collections are on offer in the brand new space, much to the delight of the label's cult following: thewhitecompany.com

Moy Hill Community Garden outside Lahinch in Co Clare, one of the most inspiring initiatives on the west coast founded by pro surfer Fergal Smith, gets a whole section in *Good Vibes*, the latest cookbook from Myles and Jane Lamberth of Shells Cafe in Strandhill, Sligo.

Surfers like Smith draw their recipes from Ireland and their surf trips around the world, and are divided into breakfast, lunch, sweet treats and dinner with easy to follow healthy recipes for smoothies, tarts, salads and soups.

It includes tips on picnics and barbecues and a section on other creatives following their dreams in the area like Dervla James of Pudding Row, Neil Walton of Voya Seaweed Baths, Rachel Mulrooney's Salt & Soul Yoga Studio and Carolanne Rushe of



Good vibrations

Sweet Beat. There is also a list of places to stay, eat and drink and other attractions like the Strandhill Surf School and Wild Wet

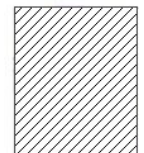
Adventure. *Good Vibes Cookbook* is published by Orca Publications in Cornwall and costs €19.99.

Deirdre McQuillan

Scent
 Brook & Shoals
 diffuser C28,
 candles C20,
brookcandshoals.ie



BROOKE & SHOALS
 FRAGRANCES
 Lemon Mandarin
 & Magnolia
 Fragrance Diffuser
 Handmade in Ireland



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Bringing style home

A new fashion label inspired by images of the French Riviera from the 30s (Somerset Maugham famously called it "a sunny place for shady people") has been launched by Co Down native Fiona Smyth. Called Tea and Madeleine, its resort styles feature some elegant silk dresses, wide leg cotton trousers, tailored linen jackets and silk undergarments at prices from €125 up to €595. Smyth, who trained in the London College of Fashion but lived in France for many years, returned home to Ireland four years ago with renewed interest in her linen heritage and ethical fashion. Having grown up surrounded by linen mills, she has sourced her linen from one of the few remaining in Northern Ireland along with organic cotton from France and Italian silk. The whole collection is made in Ireland. For further information visit teaandmadeleine.com

Deirdre McQuillan



Suited

Personalised necklaces in gold, silver or rose-gold. LittleSmith Jewellery from €18 at Arnotts



All Together Now

If your August Bank Holiday is lacking some activity, pencil the new festival All Together Now into your diary. If the word "festival" conjures up a stressful image for you, then think again because this event comes with its own wellness and healing area known as the Lawns of Tranquility. With saunas, hot tubs and reiki, aromatherapy massage, gong therapy and shamanic reflexology therapies on offer all weekend, you can relax and rejuvenate before a night of dancing. Each session costs €10 per person and you can prebook on alltogethernow.ie or book on arrival. All Together Now is taking place in Curraghmore House, Co Waterford on August 3rd to 5th and tickets are priced between €60 and €179.50.